



SAILING INSTRUCTIONS

Wednesday Night PHRF

M&M Yacht Club

June 3 – September 2, 2026

1. Notices to Competitors

1. Notices to competitors will be posted on the official notice board located indoors on the north wall of the M&M YC clubhouse.

2. Signals Made Ashore

1. Signals displayed from the Menominee Marina break-wall are not considered to be made ashore.
2. Race management may postpone the start of a race for up to 60 minutes due to weather at each week's skippers meeting.

3. Schedule

1. Boats only need to register once for both Series 1 and Series 2.
2. Skippers' meeting will be held at 1700 hrs (5:00 pm) on each race day.
3. Scheduled times for **WARNING** signals each race day:

Non-Spinnaker: 1755

Spinnaker: 1805

4. If fewer than six boats total are expected to participate in both non-spinnaker divisions, one start may be held. In this case, the warning shall be scheduled at 1755 hrs (5:55 pm), with start at 1800 (6:00 pm).
5. If a general recall is held for a non-spinnaker division, the new warning shall be the warning signal that was to be the spinnaker division. Recall starts shall continue in the order in the original sequence, in 5 minute increments ("rolling" starts.)

4. Class Flags

1. Class flags shall be numerical signal flags: #1 for spinnaker; #2 for non-spinnaker.

5. Start/Finish Line, Course, and Marks

1. The start and finish line will lie between the northeast corner of the Menominee Marina break-wall orange limit marker/barging buoy and a yellow/orange striped M&M Yacht Club buoy. Boats shall not go between the limit marker off the break-wall and the break-wall.

2. **Course Designation:** Race Management may display a sign from the north windows of the MMYC clubhouse with a letter on it indicating the course to be sailed that day by 1645, race day. If no sign is displayed, competitors should assume course information will be as distributed on race day at Skipper's meeting. Race Committee will also display a course sign.

3. **Course A (5.5 nm):** Start in a **southerly** direction. Proceed to **R2A**, leaving mark to **port**. Proceed to the M&M Yacht Club "Henes Park" buoy, leaving mark to **port**. Return to the start/finish line in a **southerly** direction, leaving **MMYC buoy to port**.

Course B (5.8 nm): Start in a **southerly** direction. Proceed to **R2- Menominee River RED** entrance buoy, with mark to **port**. Proceed to **R2A**, with mark to **port**. Proceed to the MMYC "Henes Park" buoy, with mark to **port**. Return to the start/finish line in a **southerly** direction, with **MMYC buoy to port**.

Course C (7 nm): Start in a **southerly** direction. Proceed to **R2A**, with mark to **port**. Return through the start/finish line, with **MMYC buoy to starboard**. Proceed to the MMYC "Henes Park" buoy, with mark to **port**. Return to the start/finish line in a **southerly** direction, with **MMYC buoy to port**.

Course D (5.00 nm): Start in a **southerly** direction heading to **R2 - Menominee River Red** entrance buoy with mark to **port**. Return through the start/finish line with **MMYC buoy to starboard**. Proceed to **R2A** with mark to **port**. Return to the **start/finish** line in a **northerly** direction with **MMYC buoy to starboard**.



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Course F (6.4 nm): Start in a southerly direction. Proceed to **R2A**, leaving mark to **port**. Proceed to **MMYC Mid Buoy to port**. Proceed to Start/Finish Buoy leaving to **port**. Proceed **R2A** leaving to **port**. Proceed to Start/Finish leaving to **starboard** south to north.

Course M (3.8 nm): Start in a **southerly** direction. Proceed to **R2A** with mark to **port**. Proceed to the **M&MYC Midway buoy**, leaving mark to **port**. Return to the **start/finish line** in a **southerly** direction with **M&MYC buoy to port**.

Course S (2.9 nm): Start in a **southerly** direction. Proceed to **R2** mark to **port**. Proceed to **R2A** with mark to **port**. Return through the **start/finish line** in a **northerly** direction with **MMYC buoy to starboard**.

4. Shorten Course will be indicated by display of "S" flag with two sounds any time prior to the first warning
5. An **orange buoy** may be placed as a **limit mark** approximately **10 yards off the northeast corner** of the Menominee Marina **break wall**. **A boat that passes between the limit mark and the break wall shall be considered to have touched the starting mark.** This changes Rule 31 and will be required to **restart**.
6. The limit mark does not denote the start/finish line, which is described in 6.1 above.

6. The Start

1. Races will be started using the Rule 26 system. RC will deliver a courtesy warning of several short sounds one minute prior to the first warning.
2. In the event of a recall, Race Committee may not give sound signals. This changes Rules 29.1 and 29.2.
3. Race Committee may attempt to hail boats starting early over VHF 68. **This is a courtesy.** Failure of RC to give, or failure of a boat to hear such hail is not grounds for redress or protest.
4. If a boat is over early and does not restart, RC may add a 5 minute penalty to corrected time in lieu of DQ.

7. Starting Area Restriction

1. Boats shall keep clear of the starting area during the starting sequence for divisions in which they are not assigned (see Starting Area Chart). Violators may be disqualified.

8. Check-In

1. All boats shall check in by hailing RC members on the northeast corner of the Menominee Marina break-wall or on VHF Channel 68 before the first division 1-minute warning. Boats failing to check in may not be scored at the discretion of race management

9. Time Limit and Withdrawal From Race

1. If no boat finishes the race prior to 2000 hrs (8:00 pm), the race shall be considered abandoned. However, if the race had been postponed the Time Limit may be extended by the amount of time the race was postponed.
2. Boats finishing after 2030 hrs (8:30 pm) shall take their own times and report them to race committee.
3. Boats withdrawing from the race shall notify RC as soon as possible.

10. Protests

1. Protests shall be personally delivered to an officer of M&M Yacht Club within 45 minutes after a boat has finished. A list of protests received will be posted on the official notice board. Hearings will be held as soon as possible after racing.
2. Protest forms and Racing Rules of Sailing 2025-2028 are available at the club upon request to the RC.
3. Competitors are notified and agree by their participation in this event, that any protest committee may consist of "interested parties" as defined by RRS.

Further Information please contact:

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